

CURRICULUM VITAE

Name: Michael C. O'Hara, PT, DPT, OCS
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Philadelphia, PA 19122
Phone: 215-204-9022

Name of Educational Program and Institution: Doctor of Physical Therapy Program,
Department of Health and Rehabilitation Sciences, College of Public Health, Temple University

Education:

2020 – Present Temple University, Philadelphia, PA
Doctor of Education (EdD) in Higher Education

2014 – 2015 University of Chicago Medical Center, Chicago, IL
Orthopaedic Physical Therapy Residency Program

2011 – 2014 Temple University, Philadelphia, PA
Doctor of Physical Therapy (DPT)

2006 – 2010 Providence College, Providence, RI
B.S. Biology

Licensure Information:

Licensed Physical Therapist, Pennsylvania #PT023788
Direct Access Provider, Physical Therapist, Pennsylvania #DAPT003940

Certification(s):

2020 Teaching in Higher Education Certificate
College of Education and Human Development, Temple University

2017 Vestibular Competency Certificate
American Physical Therapy Association and Emory University School of
Medicine

2016 – Present Board-Certified Clinical Specialist in Orthopaedics
American Physical Therapy Association of Board-Certified Specialties

2015 – Present American Heart Association, BLS CPR and AED Certification

Employment and Positions Held:

2023 – Present Associate Professor of Instruction, Doctor of Physical Therapy Program,
College of Public Health, Temple University, Philadelphia, PA

- 2017 – 2023 Assistant Professor of Instruction, Doctor of Physical Therapy Program, College of Public Health, Temple University, Philadelphia, PA
- 2017 – Present Per-Diem Senior II Physical Therapist, Good Shepherd Penn Partners Penn Therapy and Fitness—University City, Philadelphia, PA
- 2015 – 2017 Senior II Physical Therapist, Good Shepherd Penn Partners Penn Therapy and Fitness—University City, Philadelphia, PA
- 2014 – 2015 Staff Physical Therapist, University of Chicago Medical Center, Chicago, IL

Clinical Academic Positions Held:

- 2017 – 2018 Clinical Instructor, Integrated Clinical Experience Program, Doctor of Physical Therapy Program, Arcadia University
- 2016 – 2017 Clinical Mentor, Student Co-Op Program, Pre-Physical Therapy Tract, Drexel University
- 2016 – 2017 Clinical Instructor, Integrated Clinical Experience Program, Doctor of Physical Therapy Program, Thomas Jefferson University
- 2016 Instructor, Musculoskeletal Examination, Introduction to Clinical Medicine, University of Pennsylvania Perelman School of Medicine
- 2015 – 2017 Teacher’s Clinical Assistant, Human Anatomy and Clinical Management of Musculoskeletal Disorders course series, Doctor of Physical Therapy Program, Temple University

Volunteer Positions Held:

- 2016 – Present Clinical Mentor, North Broad Physical Therapy Center, Philadelphia, PA
- 2015 – 2016 Physical Therapist, Community Health Clinics, Englewood, IL

Peer Reviewed Publications (published, in review, in press, or in preparation):

Lodise A, Leonetti S, O’Hara MC. The impact of participating in a human anatomy cadaver course on mental health for Doctor of Physical Therapy students: a qualitative study. *In preparation*.

Phillips JM, O’Hara MC. *Hands on Human Anatomy*. North Broad Press: Philadelphia, PA. *In review*.

Burns SA, Cleland JA, Rivett DA, O'Hara MC, Egan WE, Pandya J, Snodgrass SJ. When treating coexisting low back pain and hip impairments, focus on the back: adding specific hip treatment does not yield additional benefits—a randomized controlled trial. *Journal of Orthopaedic and Sports Physical Therapy*. 2021; 51(12):581-601.

Egan WE, O'Hara MC, Burns SA. *The Thoracic Spine and Ribcage: Physical Therapy Patient Management Using Current Evidence*. Current Concepts of Orthopaedic Physical Therapy: 5th ed. Academy of Orthopaedic Physical Therapy, American Physical Therapy Association. 2021.

Amabile AH, Dekerlegand RL, Muth S, O'Hara MC, Phillips JM, Ammons AA, Jacketti A-K, Newby OJ, Schreiber B, Walter RJ, Lombardo A, Elcock JN. Proximity of the carotid artery bifurcation to the laryngeal prominence: results of a cadaver study and recommendations for safe pulse palpation. *Journal of Geriatric Physical Therapy*. 2019; 0:1-5.

O'Hara MC, Girard J, Egan WE, Cleland JA. Chapter 9: Clinical Examination of the Cervical and Thoracic Spine in Patients with Temporomandibular Disorders. *Temporomandibular Joint Disorders: Manual Therapy, Exercise, and Needling Therapies*. 2018. Handspring Publishing: London, England, UK.

Peer Reviewed Scientific and Professional Presentations (Platform, Lab, and Poster):

Burns SA, Cleland JA, Rivett DA, O'Hara MC, Egan WE, Pandya J, Snodgrass SJ. Focus on the back when treating individuals with low back pain and a concurrent hip impairment: a randomized controlled trial. Combined Sections Meeting, San Antonio, TX. 2022.

Gulla N, Steimling M, O'Hara MC. A multimodal manual therapy and cervicovestibular approach to management of a patient with post-concussion syndrome: a case report. *Best Poster Award Nominee from the Academy of Orthopaedic Physical Therapy*. Combined Sections Meeting, Denver, CO. 2020.

O'Hara MC. Cardiac-referred shoulder pain: clinical decision making for a patient referred for rotator cuff tendinopathy. Combined Sections Meeting, Denver, CO. 2020.

Egan WE, O'Hara MC, Burns SA. The attitudes and beliefs of Doctor of Physical Therapy students towards low back pain. Combined Sections Meeting, Denver, CO. 2020.

Gulla N, Steimling M, O'Hara MC. A multimodal manual therapy and cervicovestibular approach to management of a patient with post-concussion syndrome: a case report. American Academy of Orthopaedic Manual Physical Therapy Conference. Orlando, FL. 2019.

Amabile AH, Dekerlegand RL, Muth S, O'Hara MC, Phillips JM, Ammons AA, Jacketti A-K, Newby OJ, Schreiber B, Walter RJ, Lombardo A, Elcock JN. Location of the carotid artery bifurcation relative to the laryngeal prominence: a descriptive cadaver study with recommendations for safe pulse palpation. Combined Sections Meeting. Washington, DC. 2019.

Egan WE, Burns SA, O'Hara MC. The use of standardized patients for a musculoskeletal physical therapy practical examination. Center for the Advancement of Teaching Conference. Philadelphia, PA. 2019.

O'Hara MC. Acute exacerbation of congestive heart failure following total hip arthroplasty in the outpatient setting. Combined Sections Meeting. New Orleans, LA. 2018.

Crane P, Haddad MA, O'Hara MC, Steimling M. Evidence-based approach to management of ankle disorders. Morning and Afternoon Sessions. Southeast District of the Pennsylvania Physical Therapy Association Mini-Combined Sections Meeting. Philadelphia, PA. 2018.

Sara L, O'Hara MC, DeLisa L, Jackson S, Lee MJ. Clinical utility and reliability of a core endurance assessment in a healthy, normative population. Combined Sections Meeting. San Antonio, TX. 2017.

O'Hara MC, Malloy M. Management of benign paroxysmal positional vertigo in a patient with a clavicular fracture: a resident's case study. Combined Sections Meeting. Anaheim, CA. 2016.

Burns SA, Crane P, O'Hara MC. Cervicothoracic spine: evidence-based examination manual therapy techniques and exercise. Morning and Afternoon Sessions. Southeast District of the Pennsylvania Physical Therapy Association Mini-Combined Sections Meeting. Philadelphia, PA. 2016.

O'Hara MC, Malloy M. Management of benign paroxysmal positional vertigo in a patient with a clavicular fracture: a resident's case study. Illinois Physical Therapy Association Revitalize Conference and Expo. Oak Brook, IL. 2015.

O'Hara MC. Psychometric properties, statistical significance, and clinical implications for the use of hand-held dynamometry in the outpatient setting. The 3rd Annual Johns Hopkins Hospital Rehabilitation Services Clinical Showcase. 2013.

Non-Peer Reviewed Presentations:

O'Hara MC, Goodstadt N, Phillips JM. Gross Anatomy of the Upper Extremity: A Laboratory Dissection Course. Temple University School of Podiatric Medicine. Philadelphia, PA. 2023.

O'Hara MC, Muth S, Varrecchia S, Knapp M, Phillips JM. Gross Anatomy of the Lower Extremity: A Laboratory Dissection Course. Temple University School of Podiatric Medicine. Philadelphia, PA. 2022.

O'Hara MC. Orthopaedic Manual Physical Therapy for Upper Extremity Disorders. Temple University. Philadelphia, PA. 2021.

O'Hara MC. Orthopaedic Manual Physical Therapy for Lower Extremity Disorders. Temple University. Philadelphia, PA. 2020.

O'Hara MC. Orthopaedic Manual Physical Therapy for Upper Extremity Disorders. Temple University. Philadelphia, PA. 2020.

Muth S, Varrecchia S, Phillips JM, Tucker C, O'Hara MC, Thompson E. Gross Anatomy of the Upper Extremity: A Laboratory Dissection Course. Temple University School of Podiatric Medicine. Philadelphia, PA. 2019.

O'Hara MC. Orthopaedic Manual Physical Therapy for Lower Extremity Disorders. Temple University. Philadelphia, PA. 2018.

Egan WE, O'Hara MC. Orthopaedic Manual Physical Therapy for Lumbopelvic Disorders. Temple University. Philadelphia, PA. 2018.

Egan WE, Burns SA, O'Hara MC. Upper Quarter Musculoskeletal Management Integrating Manual Therapy and Pain Sciences: Two-Day Lecture and Laboratory Course. Temple University. Philadelphia, PA. 2018.

Egan WE, Burns SA, O'Hara MC. Orthopaedic Manual Physical Therapy for Upper Extremity Disorders. Temple University. Philadelphia, PA. 2018.

Egan WE, Burns SA, O'Hara MC. Orthopaedic Manual Physical Therapy for Cervicothoracic Disorders. Temple University. Philadelphia, PA. 2018.

Burns SA, O'Hara MC. Orthopaedic Manual Physical Therapy for Lower Extremity Disorders. Temple University. Philadelphia, PA. 2017.

Egan WE, O'Hara MC. Orthopaedic Manual Physical Therapy for the Lumbar Spine. Temple University. Philadelphia, PA. 2017.

O'Hara MC. Manual Therapy for the Cervical Spine: Evidence-based Examination and Intervention. Temple University Clinical Appreciation Day. Philadelphia, PA. 2016.

O'Hara MC. Thoracic manipulation versus cervical manipulation as manual therapy interventions for generalized neck pain to improve pain, disability, and outcome measure performance. *Best Afternoon Platform*. Temple University Evidence-Based Practice Conference. Philadelphia, PA. 2014.

Invited Participation:

Professional

O'Hara MC. Shoulder Clinical Practice Guidelines: A Presentation of the Evidence. Southeast District of the Pennsylvania Physical Therapy Association. May Meeting. Wynnewood, PA. 2019.

O'Hara MC. Outpatient Rehabilitation for Post-Operative Ankle Diagnoses. University of Chicago Medical Center Surgeon Sports Symposium. Chicago, IL. 2015.

O'Hara MC. Clinical Management of Vestibular and Balance Disorders in the Outpatient Orthopaedic Setting. In-service presentation for the University of Chicago Medical Center Physical Therapy Department. Chicago, IL. 2015.

College/University

O'Hara MC. Scapular Dyskinesis: Clinical Applications for the Assessment of the Shoulder Complex. Temple University Doctor of Athletic Training Grand Rounds Course. Philadelphia, PA. 2022 and 2023.

O'Hara MC. Gait Aid Basics and Demonstration Series. Geriatric MS3/MS4 Elective. Temple University Lewis Katz School of Medicine. Philadelphia, PA. 2021 – Present.

O'Hara MC. The Black Box of Physical Therapy Management: Pulling Back the Curtain on Outpatient Physical Therapy. Temple University Lewis Katz School of Medicine. Philadelphia, PA. Lecture Series Fall 2020.

O'Hara MC. Physical Therapy Management of Chronic Musculoskeletal Pain Populations in the Outpatient Setting. Temple University Lewis Katz School of Medicine. Internal Medicine Residency Academic Half-Day. Philadelphia, PA. 2019.

O'Hara MC. Social Media for the Student Physical Therapist. American Academy of Orthopaedic Manual Physical Therapy Student Special Interest Group. Temple University. Philadelphia, PA. 2019.

O'Hara MC. Clinical Assessment and Management Strategies of Knee Disorders: An Evidence-Based Approach. Temple University Doctor of Athletic Training Grand Rounds Course. Philadelphia, PA. 2019.

O'Hara MC. Social Media for the Student Physical Therapist. American Academy of Orthopaedic Manual Physical Therapy Student Special Interest Group. Temple University. Philadelphia, PA. 2018.

O'Hara MC. Panelist and Faculty Representative. Health Equity Workshop. Temple University Department of Architecture and Temple University College of Public Health. 2018.

Membership in Scientific/Professional Organizations:

2021	Member-At-Large, Southeast District of APTA, Pennsylvania
2020 – Present	Nominating Committee, Southeast District of APTA, Pennsylvania <i>Chair</i> 2021, 2023
2020 – Present	Member, Education Section, American Physical Therapy Association

O'Hara Curriculum Vitae
June 2023

2015 – Present Member, Orthopaedic Section, American Physical Therapy Association
2014 – Present Member, Pennsylvania Chapter, American Physical Therapy Association

Consultative and Advisory Positions Held:

2020 – Present Member, Item-Writer, Specialization Academy of Content Experts (SACE)—Orthopaedics, American Physical Therapy Association

2019 – Present Coordinator, Philadelphia Anatomy Consortium

Teaching Responsibilities (By Semester):

Doctor of Physical Therapy Program

Fall Semester:

2017—Present PHTH 8107 Functional Biomechanics
2017—Present PHTH 8108 Functional Biomechanics Lab
2017—Present PHTH 8131 Clinical Management of Musculoskeletal Disorders II
2017—Present PHTH 8132 Clinical Management of Musculoskeletal Disorders II Lab
2017—2021 PHTH 8153 Elective – Vestibular Rehabilitation
2017—2020 PHTH 8160 Special Topics in Physical Therapy

Spring Semester:

2018—Present PHTH 8121 Clinical Electrophysiology and Biophysical Agents
2018—Present PHTH 8122 Clinical Electrophysiology and Biophysical Agents Lab
2018—Present PHTH 8141 Clinical Management of Musculoskeletal Disorders III
2018—Present PHTH 8142 Clinical Management of Musculoskeletal Disorders III Lab
2018 PHTH 8143 Clinical Management of the Medically Complex Patient
2018 PHTH 8144 Clinical Management of the Medically Complex Patient Lab

Summer I and II Semesters:

2018—Present PHTH 8106 Human Anatomy
2018—Present PHTH 8125 Clinical Management of Musculoskeletal Disorders I
2018—Present PHTH 8126 Clinical Management of Musculoskeletal Disorders I Lab

Orthopaedic Physical Therapy Residency Program

Fall Semester

2017—Present PHTH 8581 Musculoskeletal Management of the Lower Quarter

Spring Semester

2018—Present PHTH 8582 Musculoskeletal Management of the Upper Quarter

Services to Temple University/Department/Program:

Department

2022 – Present Faculty Advisor, North Broad Physical Therapy Center
2022 – Present Coordinator, Doctor of Physical Therapy Program/Department of Health and Rehabilitation Sciences, Teaching Journal Club Workshop
2019 – 2021 Year One Practical Development Workgroup
2018 – 2019 Faculty Advisor, American Academy of Orthopaedic Manual Physical Therapy Student Special Interest Group

Chair of Committee

2022 – Present Admissions Committee, Admissions Coordinator
2021 *Chair*, Non-Tenure Track Faculty Search Committee
2019 *Chair*, Director of Clinical Education Search Committee

Member of Committee

2022 Non-Tenure Track Faculty Search Committee
2019 – 2022 Curriculum Committee
2017 – Present Post-Professional Committee
2017 – 2019 Human Anatomy Committee
2017 – 2019 Faculty Practice Committee
2017 – 2018 DPT Marketing Committee

Honors/Awards:

2020 College of Public Health Excellence in Teaching Award, Temple University
2020 Best Poster Nominee, Orthopaedics, Combined Sections Meeting. American Physical Therapy Association
2014 Best Platform Presentation, Afternoon Session, Temple University Doctor of Physical Therapy Evidence-Based Practice Conference
2006 Sol Seigel Academic Scholarship, Olympic Steel Inc., Milford, CT
2006 Knights of Columbus Academic Scholarship, Knights of Columbus, Wallingford, CT

Continuing Education Courses/Conferences:

Management of Patients with Patellofemoral Pain: An Update on a Clinical Practice Guideline. APTA, Pennsylvania
September 2022

Combined Sections Meeting, Virtual Conference
March 2022

A Physical Therapist's Role as a Patient Advocate: Results from the WAGR Syndrome Patient Registry Analysis. APTA, Pennsylvania.
March 2022

Item Writing Workshop, Specialization Academy of Content Experts (SACE)—Orthopaedics,
American Physical Therapy Association
February 2022

20th Annual Faculty Conference on Teaching Excellence
Temple University, Philadelphia, PA
January 2022

Meeting Patients Where They Are: Supporting Patients in Transition. APTA, Pennsylvania.
November 2021

Ethical and Essential Conduct in the Time of a Triple Pandemic. APTA, Pennsylvania.
November 2021

Commission on Accreditation in Physical Therapy Education (CAPTE) Self-Study Workshop.
CAPTE. Virtual.
September 2021
Compassion Fatigue and Satisfaction: Remaining Resilient Amidst Today's Healthcare
Challenges. APTA, Pennsylvania.
May 2021

Changing Pain and Movement Behavior in Low Back Pain. Temple University, Philadelphia, PA.
April 2021

Combined Sections Meeting, Virtual Conference
February 2021

Adult Lung Transplantation and Physical Therapy Management Across Clinical Settings,
Southeast District of the Pennsylvania Physical Therapy Association Young Professionals
Seminar
March 2020

Window of Opportunity—The Impact of Physical Therapy in Criminal Justice, Southeast District
of the Pennsylvania Physical Therapy Association, March Meeting
March 2020

Item Writing Workshop, Specialization Academy of Content Experts (SACE)—Orthopaedics,
American Physical Therapy Association
February 2020

Combined Sections Meeting, Denver, CO
February 2020

SCI Across the Lifespan, Southeast District of the Pennsylvania Physical Therapy Association,
January Meeting
January 2020

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18th Annual Faculty Conference on Teaching Excellence
Temple University, Philadelphia, PA
January 2020

Immigration and Migrant Health, Southeast District of the Pennsylvania Physical Therapy
Association, November Meeting
November 2019

Temple University College of Public Health Research Day
Philadelphia, PA
April 2019

Combined Sections Meeting, Washington, DC
January 2019

17th Annual Faculty Conference on Teaching Excellence
Temple University, Philadelphia, PA
January 2019

Southeast District Pennsylvania Physical Therapy Association Mini-Combined Sections Meeting
Thomas Jefferson University, Philadelphia PA
April 2018

Combined Sections Meeting, New Orleans, LA
February 2018

Introduction to Medical Genomics and the Role of the Physical Therapist
Temple University, Philadelphia, PA
September 2017

Vestibular Rehabilitation: A Competency Based Course, Department of Rehabilitation Medicine,
Emory University School of Medicine & American Physical Therapy Association. Atlanta, GA
March 2017

McKenzie Institute, USA. Part B: Cervical and Thoracic Spine, Philadelphia, PA.
February 2017

Combined Sections Meeting, San Antonio, TX
February 2017

McKenzie Institute, USA. Part C: Advanced Lumbar Spine and Lower Extremity, Philadelphia,
PA.
October 2016

An Overview of Biomedical Ethics and Jurisprudence

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June 2023

Temple University Clinical Appreciation Day
September 2016

Vestibular Integration Strategies One Day Live Course
Englewood Hospital and Medical Center, Englewood NJ
May 2016

Visual Vertigo and Optokinetic Stimulation in Vestibular Rehabilitation
Hospital of The University of Pennsylvania, Philadelphia PA
April 2016

Southeast District Pennsylvania American Physical Therapy Association Mini-Combined Section
Meeting, Philadelphia, PA
April 2016

McKenzie Institute, USA. Part A: Lumbar Spine. Philadelphia, PA
October 2015

Combined Sections Meeting, Anaheim, CA
February 2016

Illinois Physical Therapy Association Revitalize Conference and Expo, Oak Brook, IL
April 2015

RUSH Orthopaedics Hip Symposium, Chicago, IL
October 2014

Combined Sections Meeting, San Diego, CA
January 2013